

Kentucky District

NEWSLETTER

APRIL

2022

"HOW TO PREVENT BURNOUT"

Years ago, while I was serving in the Georgia District, I experienced BURNOUT for the first time in my life. I didn't know that it was burnout at the time. Here's what happened. I was newly married, serving in a local church as the song leader, board member, local youth minister, Youth Sunday School teacher, District Youth Director, and working at Sears Roebuck and Co. One Wednesday night after I got home from work, I fell on the bed and started crying. My wife asked me why I was crying and I told her that I didn't know! She said that it was church night and that I needed to get ready. I looked at her and told her that I was not going to church. Carla knew that something was wrong, but she didn't know what was wrong with me.

So, Carla went to our mid-week service without me. When she got back home, she looked at me and said, "I talked to Pastor Richter (My Pastor) after church and told him that I (Carla) was re-



Bishop Tony and Carla Andrade

From The Bishop's Heart

It is my pleasure to share with you my first Bishop's newsletter. My heart is full as I consider the goodness of God and the many blessings being poured out in the Kentucky District.

Our 2022 Theme: "A great past, A greater future"

We celebrate our rich history in Kentucky and the legacy left behind by so many wonderful men and women of God! God has allowed these giants of the faith to pour out so beautifully and so faithfully so many of us! We are where we are because of the contributions by these precious saints. After their race was over, they passed the baton to you and I. Today, we are running our race and fighting the good fight of faith, honoring the Call of God on our lives. While we look back and celebrate our legacy, we must also look ahead to all that God has for us. The future of the Kentucky District is exciting! The potential and the possibilities are innumerable! (Ephesians 3:20) "The best is yet to come!!"

signing you from being a board member, song leader and local Youth Director."

I was never so happy in all my life as when she told me what she told my Pastor. It was then that I realized that I was suffering from burnout. Needless to say, after giving up some of the ministry duties, I was refreshed, and refueled and ready to go again.

There's a story in the bible about Moses leading the Children of Israel out of Egypt. Some guess that the congregational size could have been as many as two to three million people.

One day, Moses' father-in-law Jethro came to where Moses was and saw long lines of people coming to get help with their problems from Moses. Moses was wearing out trying to do all the ministry by himself.

Jethro went to Moses privately and told him that it was not wisdom to do all the ministry by himself. It was at that point that Moses began to delegate the majority of the people's problems to other leaders and he only addressed the major problems.

Scott Wilson in a book that he wrote titled "Impact", draws four leadership principles from the story of Moses and his father-in-law Jethro that I would like to share with you.

1. Recognize that the most gifted leaders cannot and should not try to fulfill their calling on their own. (Moses tried it and it didn't work well for him)
2. Identify the key influencers and determine the scope of their leadership. In other words, as leaders, we need to place people where they can have the greatest influence. (The level or sphere of influence differs with each leader.)
3. As leaders, we should teach the influencers everything they need to know and position them for success.
4. While we don't need to have an impact on every person in our organization, we need to invest our time to help those who can have the greatest impact on others.

LINC

I'm using the acronym LINC as a tool to help me and to help us meet some needs and to fulfill some goals in 2022.

L - LEAD (Our goal is to help us to grow in our leadership by providing resources to help us to develop our skills.)

I - INSPIRE (Our goal is to come alongside you to affirm, inspire and encourage you in the Lord.)

N - NETWORK (Our goal is to bring us together so that we can work with one another through the opportunities before us.)

C - CONNECT (Our goal is to provide opportunities for us to connect with one another throughout the year. This will include monthly zoom calls, District events, regional events and fellowship get togethers.)

District Calendar:

- **April 23rd** – District Talent Expo @ Faithpointe Church, Lexington, KY
- **May 21st** – District Women's LUA- Anderson Dean Park, Harrodsburg, KY
- **June 11th**-District Personal Evangelism Day of Training-Lawrenceburg, KY Location: Family Worship Center
- **July 25-28** District Youth Camps: Camp Nikaok: Elizabethtown, KY
- **August 11-13** District Men's Retreat: Country Lake Christian Resort, Underwood, IN
- **September 22-24** District Ladies Retreat: Lake Cumberland, KY
- **October 22** District Convention-Versailles, KY
- **November 11** District Women's Girlfriendsgiving: Location TBA

Kentucky District Offices

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CONGRATULATIONS

We celebrated the Ordination of Danielle Otto on March 13, 2022 at New Life Church of Frankfort, KY. Danielle and Dustin Otto are on staff at New Life Church. Jimmy and Melissa Patillo serve as the Lead Pastors of New Life Church.